

ACTIVITY REPORT
ADITYA DEGREE AND PG COLLEGE, SURAMPALEM.

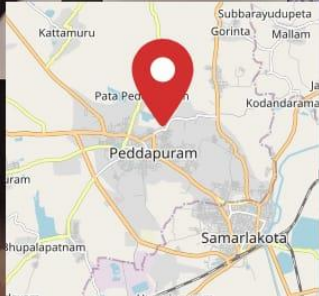
International Yoga Day
Venue: Ramanujan Bhavan, Seminar Hall.
Aditya University, Surampalem.
22ND – June – 2026

The International Yoga day was conducted with multiple activities by the College NSS Unit on 22ND June 2026. This day was celebrated in two sessions by the NSS Unit of this college involving the participation of all NSS Student Volunteers and also the members of Staff. Yoga Day was commemorated by speeches, motivational tips on health and mass Yoga asanas demonstration by a trained Yoga expert from the Physical Educational Department of Aditya University. All the activities were held in the Seminar Hall of Ramanujan Bhavan, Aditya University Surampalem. There were a few outdoor events also on this special day.

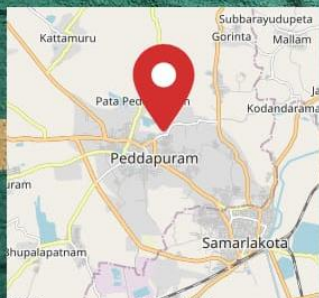
In the session started at around 9:45 am with a mass Yoga demonstration and practise drill which was held in the Seminar Hall under the guidance of the NSS Unit of the College. The Programme opened with a short speech by Ms. V. Vismaya Asst Prof who gave a presentation on the aspects of “Yoga” and benefits of doing Yoga in our daily lives. The practical Yoga session was conducted and executed under the guidance and expertise of Sri. M Tejawasarao Yoga Certified Trainer & Physical Education Director from Aditya University. All the participants were instructed the previous day to come in suitable attire to do the Yoga exercises. In this session the NSS Programme Officer Mr. B K Vidyasagar and NSS Staff Asst Coordinator Mr. B V S S Udayanadh took initiative and gave the necessary guidance and sought the required permission from the Aditya University management for doing this event. The college Physical Director Mr. Easwar is to be appreciated for maintaining discipline among the students and for arranging with necessary logistics. Staff Ms. Santhi Anusha, Ms. Gargi Agarwal, Ms. Aiswarya Lekshmi B, Ms. Merin V J, Ms. Sai Prassana, Ms. Venkata Lakshmi, Ms. Malavika Shibu, Ms. Somita Chakraborty, Ms. Vismaya V and Ms. Hemalatha from women faculty and Mr. Shaikh Abdul Muneer, Mr. Blesson Jabez, Mr. Savion Shakeer, Mr. M Shaikshavali and Mr. Zishan Alam Khan from the gents faculty all belonging to the Forensic Science and Cyber Science Department actively participated in the Yoga sessions. The staff also had a separate session where the Yoga trainer demonstrated various yoga postures for maintaining a healthy lifestyle.

Yoga mats were provided by the NSS Unit of the college for doing the Yoga activity. We also wish to extend our thanks to Mr. Ravi sir, HoD Physical Education Department, Aditya University for his valuable cooperation given to us for conducting this event. After this event in the morning session a Seminar was held in the afternoon session after lunch break. This session was filled with guest lectures and motivational speeches by few individuals.

Our college Principal Mr. Vilas Anil Chavan gave an inspirational speech on the benefits of doing Yoga daily in the mornings so that an individual can have significant improvement in their daily lives. Some NSS student volunteers who had undergone prior Yoga training in their school days demonstrated a few Yoga exercises for the benefit of all gathered. The Yoga Day celebrations finally concluded by evening college closing time. The Yoga Day NSS activity came to an end after the singing of the National anthem by college closing time.



Andhra Pradesh, India
1-8-32/6, Bank Colony, Ragampeta,
Peddapuram, Andhra Pradesh 533437,
Lat 17.076319° Long 82.146249°



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తెలియపరిచారు.

ఫోరెన్సిక్ సైన్స్ విభాగంలో అంతర్జాతీయ యోగా దినోత్సవం



గళీడేపల్లి, పెన్ పవర్, జూన్ ,23:గండేపల్లి మండలం సూరంపాలెం, ఆదిత్య యూనివర్సిటీ స్కూల్ ఆఫ్ సైన్సెస్లోని ఫోరెన్సిక్ సైన్స్ విభాగం ఆధ్వర్యంలో అంతర్జాతీయ యోగా దినోత్సవాన్ని నిర్వహించారు. శారీరక విద్యా సంచాలకులు లిఎం. తేజేశ్వరరావు విద్యార్థులకు యోగాసనాలు చేయించి వాటి ప్రాముఖ్యతను వివరించారు. కార్యక్రమంలో ఎన్ఎస్ఎస్ ప్రోగ్రామ్ ఆఫీసర్ బి.కె. విద్యాసాగర్ మరియు ఫోరెన్సిక్ సైన్స్ విభాగ ఇన్చార్జ్ పి. నాగేశ్వరరావు పాల్గొని విద్యార్థులను ఉద్దేశించి ప్రసంగించారు. ఫోరెన్సిక్ సైన్స్ విద్యార్థులు ఉత్సాహంగా పాల్గొని యోగాభ్యాసం చేశారు. యోగాను నిత్యజీవితంలో భాగం చేసుకోవాలని పిలుపునిచ్చారు.



ADITYA DEGREE AND PG COLLEGE - SURAMPALEM

NSS UNIT

International Yoga Day

22nd June 2026

VENUE : Seminar Hall - Ramanujan Bhavan

Aditya University

VOLUNTEER LIST

S. NO	ROLL NO	NAME OF THE STUDENT	M/F	BRANCH	MOBILE NO	SIGNATURE
1	245742002	R. Vaishnavi	F	Cyber	9894497696	<i>[Signature]</i>
2	2457420145	M. Samoikya	F	cyber	7893767507	<i>[Signature]</i>
3	2457420139	T. Lalitha Srothi	F	Cyber	9573305574	Lalitha
4	2457420099	N. Guna hanshitha	F	Cyber	9398547089	N. Guna
5	2457420140	T. Sridhya	F	Cyber	8073728736	<i>[Signature]</i>
6	2457420087	D. Akila	F	Cyber	756766195	Akila
7	2457420041	K. Siva Kumari	F	Cyber	9381910212	<i>[Signature]</i>
8	2457420083	G. Dejavri	F	cyber	7702736490	<i>[Signature]</i>
9	2457420045	K. Sri Vidhya	F	cyber	9182107886	<i>[Signature]</i>
10	2457420063	B. Satya Komali	F	Cyber	8688236136	B. Sany
11	2457420008	S. Blessy	F	cyber	9182395981	<i>[Signature]</i>
12	2457420060	O. praveen Karthik	M	Cyber	8125124777	O. Karthik
13	2457420010	Sulasya Tevadi	M	Cyber	9064622759	<i>[Signature]</i>
14	2457420019	Adwait K.	M	"	8848345006	<i>[Signature]</i>
15	2457420049	Elijah Vorshith Saripalli	M	Cyber	7995329042	Elijah
16	2457420119	Ch. Satish	M	Cyber	9603006984	<i>[Signature]</i>
17	2457420080	M. - Jaswanth	M	Cyber	7993766660	<i>[Signature]</i>
18	2457420085	M. John	M	cyber	6291535370	<i>[Signature]</i>
19	2457420040	B. Vishnu	M	cyber	8309711646	<i>[Signature]</i>
20	2457420126	T. BHK Venkata Raju	M	cyber	8074275786	<i>[Signature]</i>
21	2457420065	J. Subath	M	Cyber	7989863157	-SSV
22	2457420030	J. Venkat Sai	M	Cyber	9948668288	<i>[Signature]</i>
23	2457420111	B. Manahan	M	Cyber	868854766	B. Manahan
24	2457420071	K. Devansh	M	cyber	767400103	Devansh
25	2457420067	P. Satya Datta	M	Cyber	7998951997	<i>[Signature]</i>
26	2457420011	Sk. Trihan	M	Cyber	7907147118	Sk. Trihan
27	2457420007	V. Dhanasree	F	Forensic	7842732944	<i>[Signature]</i>
28	2457420066	G. Lakshmi Gayathri	F	Forensic	8333821357	Gayathri
29	2457420063	O. Kalyana Jotsna	F	Forensic	998952377	O. Kalyana
30	2457420076	B. Shiny	F	Forensic	9440760150	B. Shiny
31	2457420113	P. Deepika	F	Forensic	6304455810	P. Deepika
32	2457420086	D. Ratna Jyothi	F	Forensic	9391629653	Jyothi
33	2457420141	A. Bhavya Sree	F	Forensic	9705866848	Bhavya

NO	ROLL NO	NAME OF THE STUDENT	M/F	BRANCH	MOBILE NO	SIGNATURE
34	2457420144	H. Gowthami	F	Forensic	8688828471	H. Gowthami
35	2457420118	Rashini Sayyad	F	Forensic	7207266924	Rashini
36	2457420090	Bhubanesh	M	Forensic	9392041900	Bhubanesh
37	2457420088	J. Sruja Sulanya	F	Forensic	9154996141	J. Sruja
38	2457420043	B. Vaishnavi	F	Forensic	9618607258	B. Vaishnavi
39	2457420013	Moupanna Bera	F	Forensic	9332495475	Moupanna
40	2457420099	P.G.S.H. Mohanraj	M	Forensic	7981402334	P.G.S.H. Mohanraj
41	2457420100	A. Chaitanya	F	Cyber	8241101910	A. Chaitanya
42	2457420107	A. Nithya K	M	Cyber	966894669	A. Nithya K
43	2467420024	P.D.S. Sanyal	F	Forensic	7997951589	P.D.S. Sanyal
44	2457420049	Kanyamutha .K	F	Forensic	9391183996	Kanyamutha
45	2457420061	P. Meghana	F	Cyber	8977658669	P. Meghana
46	2457420112	G. Shrinivas	M	Cyber	8885338129	G. Shrinivas
47	2457420020	A. Chaitanya	F	Cyber	8247807970	A. Chaitanya
48	2457420099	Ch. Kumar	M	Cyber	9515559353	Ch. Kumar
49	6487	V. Rohini	F	Staff	7396305810	V. Rohini
50	6135	Hemalatha	F	Staff	9848328376	Hemalatha
51	6704	Naga Prasanna	F	Staff	7396438510	Naga Prasanna
52	6730	Venkata Lakshmi	F	Staff	7569212693	Venkata Lakshmi
53	6836	Malanka Shibu	F	STAFF	8078243070	Malanka Shibu
54	6838	Somita Chakraborty	F	STAFF	9009782171	Somita Chakraborty
55	6839	Vismaya V	F	STAFF	7356218940	Vismaya V
56	6910	M. SHAKSHAVALI	M	STAFF	836752638	M. SHAKSHAVALI
57	6698	BLESSON JABEX DORSEE B	M	STAFF	9498813160	BLESSON JABEX DORSEE B
58	6460	B. SANTHI ANUSHA	F	STAFF	9550840704	B. SANTHI ANUSHA
59	6394	GARGI AGARWAL	F	STAFF	9984461148	GARGI AGARWAL
60	6575	MERIN VJ	F	STAFF	7786707146	MERIN VJ
61	6507	AISWARYA LEKSHMI B	F	STAFF	7736186108	AISWARYA LEKSHMI B
62	6837	SAVION SHAKTEER	M	Staff	7794345081	SAVION SHAKTEER
63	6573	S. Abdul Muneer	M	Staff	9963123925	S. Abdul Muneer
64	3815	B.K. Vidyasagar	M	Staff	9959741857	B.K. Vidyasagar
65	5555	B.V.S.S.U. Jayamadh	M	Staff	8321889724	B.V.S.S.U. Jayamadh

Staff

[Signature]
CO-ORDINATOR

NSS Co-Ordinator
Aditya Degree & PG College
Surampalem



[Signature]
PRINCIPAL

PRINCIPAL
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